

## IN THIS ISSUE

Page 1: Morning Coffee on the River

Page 2: Search Committee

Page 3: Friends of St. Francis'

Page 4: From the Bishop's Warden

Page 5: Diocesan Elections; Feed the Need-STL

Page 6: Agape House; Potluck with Friends

Page 7: Food Pantry; Recipe

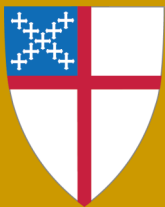
Page 8: Stump the Vicar; Interment of Ashes

Page 9: Book Group; Eureka Days; Lunar Communion Sunday; Centering Prayer

Page 10: ASA

Page 11: Worship Participant Schedule

Page 12: Calendar



### *The Chalice*

is published monthly by St. Francis' Episcopal Church. Submissions are due the 20th of each month prior to publication.

Submissions may be sent by email to [thesfchalice@gmail.com](mailto:thesfchalice@gmail.com)

Publisher:  
The Rev. Alfred Jewson

Editor: Jackie Selle

# The Chalice



AUGUST 2019

## Morning Coffee on the River

Recently, I received word that an old friend from the Diocese of West Missouri died. We eventually lost track of each other after Dayna and I moved to St. Louis. Permit me to share a story about the beginning of our friendship.

July is a hot and sticky month in the heartland of our country. The sun beats down mercilessly with rarely a cloud in the sky to offer a hint of shade. Temperatures soar into the 90's and sometimes into the 100's with the humidity following close behind. Even nighttime offers little relief from the sweltering heat. These were the conditions during the first week in July, 1998 when Dayna and I joined campers and staff from Cliff Springs Episcopal Camp in West Missouri and other adult volunteers for a week of canoeing and camping on the Gasconade River. I was the spiritual director for this adventure, and Dayna was the nurse and surrogate mother. It is interesting to note what a person is willing to endure while seeking a goal: sleeping on rocks, hordes of blood thirsty mosquitoes, moisture-laden humidity, little shade, and cook-

ing on open fires with the smoke constantly shifting. All was endured as we went about our daily business of canoeing and having fun, mending cut fingers and toes and caring for insect bites while we planted new seeds in the kingdom and watered those planted by others.



I'm an early riser and so was Joe, a teacher from West Plains, Missouri, who specialized in students with learning and behavioral disorders. Neither Joe nor I cared about how hot it was--we wanted our morning coffee. While the rest of the campers slept we would build a fire from driftwood, fill a #10 tin can with about a quart of water, and place it on the fire. A little ash floating on the surface of the water and a few flecks of sand in the bottom of the can did not deter us from the pursuit of our morning pleasure. After we poured

the boiling water into unwashed cups containing several Folgers Coffee Singles we would sit side by side facing the river, watching the morning mist burn off with the rising sun.

In the beginning of the week we talked about the river and camping and fishing. Then we began to talk about the campers and Cliff Springs. Soon we shared stories about our children and spouses. Then we began talking about ourselves, our careers, and changed courses in life; finally, we began to talk about our souls. We each talked about our walk in the kingdom. We shared stories about learning to love Jesus and inviting the Spirit into our lives, and how God's Holy Spirit works through us and empowers us when we get ourselves out the way.

I am no longer astonished when someone begins to share with me those spiritual things that had remained hidden in the recesses of one's soul, nor when I begin to share those secret things that I do not often share with others. I am no longer surprised because I see the hand of God in everything that goes on around me. God is always working, always there, gently prodding, patiently waiting.

So there we sat on camp

stools, watching the river roll gently by and flicking out little bits of debris from our coffee cups, as we lived out the gospel of Jesus Christ. God permitted me the opportunity to get to know one more member of the body of Christ in a most intimate way. The lives of two men who began as strangers became linked forever in the communion of saints by the work of the Holy Spirit. "Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in the one body."

*Colossians 3: 14-15*

It doesn't take mornings on the river, a campfire, or ashes in one's coffee for each of us to begin to share our journey into Jesus Christ. All it takes is willingness on our part to share our journey with someone else. It takes our trust and confidence that the other person is willing to hear our story, and it takes our willingness to plant and water seeds in others and to permit seeds to be planted and watered in us.

Dayna decided to do something that week that she had done in Mexico the year prior with the youth group from St. Andrew's Church. All week long on the shores of the Gasconade, she gathered pebbles, carefully examining each one and discarding a pebble here and there because it didn't quite look right or somehow did not meet with her approval. On Friday evening she wrote the name of each person on our trip on a different pebble. During our farewell Eucharist on Saturday morning, Dayna went around with all the pebbles in a hat and each person drew one. They were asked to pray for the next twelve months for the person whose name was on the pebble. They are asked to pray every day that God would take care of that person and that God would bless that person. The pebble was to be placed where

they could see it every day, and as they prayed they were to try to remember some neat thing about that person. So everyone else drew names and then it was my turn. As I drew that last pebble out of the hat and looked at it, on that pebble was the name, Joe.

**Fr. Al Jewson**

## Search Committee Update

*by Paul Jokerst*

The search for a new vicar for St. Francis' has begun with the formation of a nine-member search committee.

This committee is charged to identify candidates for the position of vicar by reviewing applications, supporting documents, and references; to interview applicants; and to recommend a candidate to the Bishop's Committee. However, the initial task of the search committee is to understand and communicate the desires, hopes, and dreams of the members of St. Francis'. To do this, the committee wishes to include the involvement of both clergy and laity in the process by collecting feedback to assist with their work. At the conclusion of this process of reflection and discernment, the search committee will then produce a profile of St. Francis' and review the final draft with the Bishop's Committee.

In doing this work, the search committee must keep in mind our rich and complex history and our significant diversity, which spans theology, liturgy, and congregational demographics including gender, color, ethnicity, race, social class, geography, and sexual orientation. We are a congregation (and diocese) ever mindful of our past and the rich blessings God has bestowed upon us but dedicated to our future and aware of the challenges and opportunities that lie ahead.

This profile will then be posted, thus making it available to everyone in the larger church. Bishop Smith's office will assist in getting our profile distributed to other dioceses. So that congregation members are aware, all matters before and deliberations of the search committee are to be held in the strictest confidence, including names of the persons being considered. These confidences are to be kept not only through the whole process, but forever after in regard to the identities of all candidates who were considered but not selected.

The search committee that has been selected for this process is comprised of Paul Jokerst (chairperson), Jackie Selle (secretary), Mike Rohan (B.C. liaison), Michael Booker, Suzanne Jones, Jack Laules, Barb Sacco, Jerry Smith, and Marsha Smith.

On July 1 the committee received the required training from The Rev. Joseph Chambers, and on July 16 they met again to appoint a chairperson, secretary, and the liaison to the Bishop's Committee. During the July 16 meeting, Fr. Al also discussed the process in further detail. The committee will meet again on August 6 to establish a questionnaire that will be given to every member of St. Francis'. The results from this questionnaire will be used to help construct a profile for St. Francis' which will then be made available to the larger church.

Members of the committee will make announcements as more information becomes available, and monthly updates will be included in *The Chalice*. If you have any questions about this process, please feel free to contact any member of the search committee.

### Deacon's Time Off

*Deacon Rebecca will be taking a month of leave during August to spend time with husband Phil, daughter Sarah, as well as family members living away. Evening Prayer group will continue to meet on Mondays and will be led by Father Al.*



## Summer Celebrations at Friends of St. Francis

The children are enjoying our hot summer by cooling off in the pool and sprinting around the playground in the sprinkler! We celebrated Teddy Bear Day on July 10th. The kids brought their teddy bears to class and created teddy bear themed projects. We had Beach Week where we all had fun food and activities centered around the beach!

In August we will have a Kindergarten send off party for those children ready to leave our little nest and start their school career! They have all achieved high marks on their Kindergarten Screening so we know they are ready to go! We are so proud and we are going to miss them!

A huge thank you to Donna and Joe who supplied us with the baby pools for our little ones to cool off and play in. Thanks to Joe for changing the handles on our fridge. Something so small can make such a big difference! A big thank you to Linda who provided us with Billibos and a building set!

We are grateful to all our volunteers who provided lunches for the children and volunteered their time with the children. Thank you to Michael, Linda, Kathleen, Della, Mary Ann, Paddy, Sally, Sylvia, Sue, Janet, Caitlin, and Arlene.

## Doing God's Work at FoSF

by Michael Booker

This summer I've had the opportunity to spend some time at Friends of St. Francis' Childcare. The more time I spend there, the more I am convinced that we're doing God's work there.

I wish I could cover this article with pictures of the kids, but we have policies about the privacy of our families and we don't want to take chances with the children's safety. Let me assure you that they are adorable. There's quite a range in the kids' ages, and so early in life, there is a big gap between the youngest and the oldest. That said, they are all amazing.

I have done a fair amount of parent volunteering over the years, and I've found that different places have different temperaments. Ours is outstanding. If you're there when the kids are dropped off, you'll see that they are excited to be there.

Volunteers are especially needed at the start and the end of the day when things are less structured and children are getting dropped off and picked up. The kids aren't plopped down in front of a TV to watch "Barney" (or whatever's a big deal these days). They engage in classic childhood activities. They play with trucks and dollhouses. They run around outside and climb on the playground equipment. They color. They kick balls around. They draw on the sidewalk with chalk. They work puzzles and ask to listen to stories being read.

Then there's the drama. I'd forgotten

about the drama. "Ralph bumped into me!" ... "Louise took my toy!" ... "Hey, it's MY turn!" But that's a big part of growing up. They need to learn to play nicely with others, a skill that seems in absurdly short supply these days.

I look forward to the day when each child heads off to kindergarten, extraordinarily well-prepared for the start of their formal education. As adults, they will probably only have the fuzziest of memories about preschool. But this place will leave "a handprint on their hearts." We are small enough to know each child individually. I was really impressed when I was talking with Kathy, director of FOSF, one day and we heard a child cry out from another room. She immediately knew which child it was and the (non-urgent) nature of their distress. That sort of individual attention just couldn't happen in a larger institution.

Friends of St. Francis' still needs volunteers. To keep the children safe, you will need to have a background check run and you will need to be fingerprinted. That's mildly annoying, but necessary. What you will learn if you get a chance to volunteer is that these little ones are precious beyond measure and worth every minute you can spend with them. They MATTER.

*Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."*

— Matthew 19:14

## Volunteers Needed to Help Clean

Instead of having one cleaning day each month volunteers may sign up for any day in August on which they are available. There is a sign-up sheet on the bulletin board. Simply sign up for a task, come in on the day you are available, and mark the date you completed your task. Thank you to those who have already helped!





## Friend, can you spare some time?

The childcare center belongs to us, the people of St. Francis' congregation; it is ours and we must own it. It was a vision cast upon us by God—we obeyed the will of God and now have a wonderful program led by Kathy Regnier and staff.



Inasmuch as it belongs to us, some members of St. Francis' Church have willingly volunteered to assist by preparing daily lunches and snacks for the children. Have you considered giving up some of your time for this lunchtime ministry?

Help is also needed in the morning from 7:00 am to 9:00 am and from 3:00 pm to 5:00 pm Monday—Friday. State law and Insurance require two adults to be present at all times when children are there. There will always be a staff member present who will be in charge. You are not required to teach anything—just be with the children and maybe read a book or have them color some things or just sit with them.

There is a sign-up list on the bulletin board in the hallway. Thank you!

## From the Bishop's Warden

*by Herb Smith*

The year was 1980. Marsha and I were living in Rapid City, South Dakota. We had been participating in a house fellowship for about a year. Some of the members of our fellowship had encountered an Episcopal priest named David Anderson, who was the rector at Emmanuel Episcopal Church. We went to check this place out and stayed until we moved back to Missouri in 1985. It was a very special place—the people, the worship, the ministries, our friends. Rite I and Rite II services were on Sunday morning, and a contemporary service (Rite III) was on Sunday evenings. Our entire social life

was built around the church and those with whom we worshiped. A few years after having left Emmanuel for a church in Newport Beach, California, David referred to the time at Emmanuel as Camelot and indeed, I suppose in many ways it was.

We have been to several Episcopal churches and a non-denominational church since then, but our time at Emmanuel was a pretty tough act to follow. This past Sunday I was sitting in church and everyone was coming in. There was excitement about the baptism of little Evelyn. It hit me as to how much I love all of you, this new place in which we are able to worship, and the community we have together. Having babies and baptizing them is wonderful, but it's a tough way to build a parish. A slow way also. Growth is going to depend on new folks coming to join our fellowship. The good news is that I really believe that there isn't anyone who would not want to be a part of the community we call St. Francis'.

The love and concern that we all see expressed and in practice for the members of the parish, as well as the many ways that we reach out to those outside the parish is truly remarkable. We may still have a bit of an invisibility problem in that many may not yet know we are here and what we're all about, but I also believe that if we continue to be the people that God wants us to be both as it relates to one another and within the larger community, the word will spread.

I have a tendency to get anxious over that growth thing. Fr. Al keeps reminding me that I need to keep praying and trusting God and that we'll get there. I think maybe it was the reality of that truth that hit me as I sat there Sunday thinking about how special all of you and this place really are. Sometimes it feels like the narrow, hard road, but wait, isn't that exactly where we are supposed to be? Keep being who you are, loving one another, caring for those both within and without our community. Keep listening to the Spirit's leading and using your various gifts and talents as God gives opportunity. Be the people of God.

Fr. Al pointed out last Sunday, and it's true, that you can't live on the mountain top with that "spiritual high" always. I did learn, however, that you can return to Camelot.

## Garden Talk

*by Marsha Smith*

One of the joys of having a garden is watching God's other creatures enjoy your garden too. Many gardeners love to have butterflies in their gardens just because of their beauty and mystery (how does metamorphosis work, anyway?) and an additional benefit is that they are good pollinators. There are a number of things we can do to increase the number of butterflies in our gardens.



First, plant your butterfly garden in a sunny location, i.e., the garden should receive at least six hours of full sun each day. Like reptiles and many insects, butterflies are ectotherms, which means that they rely upon exposure to sunlight to regulate their body temperature. Butterflies can't fly when it is below about 55° F. They bask in the sun to raise their body temperature. It is difficult for butterflies to fly in windy conditions, so it is also helpful if the garden has a wind-break such as trees, shrubs, or a fence nearby. Plant a variety of flowers that provide nectar throughout the growing season. Some favorites of butterflies include milkweeds, bee balm, joe pye weed, zinnias (Cut and Come Again), butterfly bush, coneflower, cosmos, phlox, lantana, bluestar, black-eyed Susan, blazing star, floss flower, heliotrope,





hollyhocks, sunflowers, and cardinal flowers.

Don't forget to provide the host plants for the caterpillars of your favorite butterflies. Butterflies will consume the nectar from many types of flowers, but their caterpillars will often eat only certain plants. If you want to have monarch butterflies, grow milkweed or plants from the genus *Asclepios*, as those are the only plants that monarch caterpillars eat. Eastern tiger swallowtails' host plants are willow and sycamore. Zebra swallowtails' host plants are pawpaw trees, and cloudless sulfur caterpillars feed on members of the pea family such as blue false indigo and golden alexanders. Be prepared to have the leaves of these host plants munched upon!

Moist mudpuddles attract butterflies where they often congregate to find minerals and salts, so fill a large shallow dish with sand and rocks and wet it down each day – butterflies will thank you for it by visiting your garden regularly.

Lastly, don't use pesticides as they can kill both the larval and adult stages of butterflies.

Wishing you many butterflies in your garden this summer!

## Nominations for the Diocese of Missouri

During the annual diocesan convention November 22 & 23 we will elect clergy and lay members to the Standing Committee, Diocesan Council, Disciplinary Board, deputation to General Convention and Cathedral Chapter. Read more about these governance bodies at

**[www.diocesemo.org](http://www.diocesemo.org)** then click on the link to the Diocesan Convention

**2019 Nominations Form** this year available as a fillable PDF (download, fill out on your computer and print) or plain PDF (print and fill out with a pen). St. Francis' Church has forms available for anyone wanting to nominate himself/herself, or another. Remember to ask the other person first prior to submitting a name. Nominations must be submitted by 5 pm on Thursday, October 3, 2019.

**Resolutions** must be received by 5 pm on Thursday, October 3, 2019.

Do you have additional questions? Contact the Rev. Kevin McGrane, Chairperson of the Nominations and Election Procedures Committee, via [nominations@diocesemo.org](mailto:nominations@diocesemo.org).

## Feed the Need—STL

*by Kathleen McDonald*

The power of prayer and two to three hours of your time can feed hundreds of starving children worldwide! Your participation in this one-day event packing food for starving

***"For I was hungry  
and you gave me  
something to eat..."  
Matthew 25:35***

children will yield thousands of meals from which children will receive the proper nutrition to recover from the effects of severe malnutrition.

Join the ECW Board as they participate in this ecumenical push to feed hungry children around the world. Families with children age five or above are invited to this event. If you feel you do not have the strength to stand for two hours, Feed My Starving Children has jobs that you can do. Be the God Spark--help feed hungry children around the world in a place close to home!

Founded in 1987, Feed My Starving Children (FMSC) is a Christian non-profit that provides nutritionally complete meals specifically formulated for malnourished children. FMSC'S mission is to feed God's starving children hungry in body and spirit. They do that with donations to fund the meal ingredients and then events like this one on August 17 where volunteers hand-pack the meals. Meals are then donated to FMSC food partners around the world, where kids are fed and lives are saved.

The food-packing event is scheduled for Saturday, August 17, at Queeny Park - Greensfelder Recreation Complex, 550 Weidman Road, Ballwin. You must register online to pack food at Feed the Need STL: [give.fmssc.org/feedtheneedstl](http://give.fmssc.org/feedtheneedstl)

Shift hours are from 9-11 am, 11:30-1:30 pm, 2:30-4:30 pm, and 4:30-7:00 pm.

I am planning to do the 2:30 packing shift on this and would love to carpool from church. Talk to me if you're interested.

(Resource: [www.diocesemo.org](http://www.diocesemo.org))



## Updated Directory Available

*Copies of the updated St. Francis' member directory are available in the narthex. Please review your information and email or call Lynn Main, parish administrator, with changes or corrections.*



# Agape Help House Serves Neighbors

The community of St. Francis' has long been involved with special projects that support Pacific's Agape House with shoe drives, school supplies, Christmas gifts, and our famous knit and crochet winter hats, scarves, and gloves. Individual St. Francis' households regularly donate gently used clothing, furniture, toys, and more for resale or give-away in their boutique.

What many at St. Francis' may not know is that Agape House, rather like our Clergy Discretionary Fund, also provides help with utility bills, rent, and unexpected emergencies. Agape House also has a food pantry which

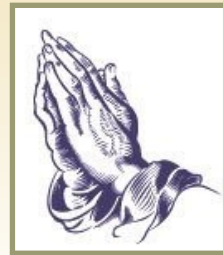
supplements groceries to anyone in need within their service limits. Their pantry items include personal care items and feminine hygiene products. Because it is a larger space, they offer their clients the opportunity to stroll through the aisle and choose what they need when they need it.

If you'd like to know more, go to [agapehousepacific.org](http://agapehousepacific.org) and talk to Linda Carter (usually at 10:15) who volunteers there two days a week. Be sure to check our bulletin board for notices about the Agape House, and go shopping for treasures in their boutique thrift store.



## The Prayer List

*Please check the Sunday bulletin and weekly email announcements for the list of those who have requested prayers.*



## Potluck Provides Opportunity to Make New Friends

*by Caitlin Selle*

The evening of July 22 was one filled with good food and good conversation in the community room. Members of St. Francis' were joined by two visiting students from China, James and Ocean, who are currently working as lifeguards at Six Flags as part of a work and travel program.

As a potluck event, parishioners brought a wide variety of family and American dishes to be served alongside food prepared by the visiting students, including fried rice, rice soup, and stir-fried greens.

The students discussed their lives in China and fielded questions from parishioners on a wide variety of topics from economics and economic development to education.

The opportunity to share food and conversation with these students was a valuable chance to learn more about the world outside the United States and make new friendships.



*James and Ocean from China are spending the summer working at Six Flags, and they joined St. Francis' parishioners for a potluck dinner on July 22.*

# A Prayer for God's Will

*Loving God, we pray that your will for us and for St. Francis' Church be done. Rid our minds of personal goals and expectations, doubts and fears so that we may be vessels for your will and your expectations. We pray that your will for St. Francis' Church be made manifest to us; and give us the courage to carry out your will whatever it is. We ask this through your Son, Jesus Christ, who always lived out your will in his life. Amen.*

## Adult Forums Resume in September

*Our adult education program resumes in September with the following topics:*

**September 1:** Vicar's Forum

**September 8:** Immigration Issues (M. Booker)

**September 15:** Santorini and the Exodus (M. Booker)

**September 22:** The Black Sea and Noah's Ark (M. Booker)

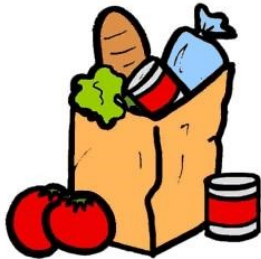
**September 29:** David and Goliath (V. Alexander)

## Back to School with New Gym Shoes

St. Francis' Church annual shoe drive was a success! Many thanks to everyone who participated.



## Remember the Food Pantry



At Holy Eucharist on the third Sunday of each month we collect canned and non-perishable items and deliver them to the Eureka Food Pantry for distribution to those in need. Please remember the pantry when you shop for groceries, and bring them to worship on Sundays to fill our red wagon.

## Chilled Cucumber Soup Recipe

"Share your Faith, Share your Food" is the motto of our diocesan Task Force on Hunger (TFH), but it could also be described as a common practice at St. Francis'. The recipe for Chilled Cucumber Soup below was shared at our July potluck. One parish household grew the cucumbers, and another brought a few home and cobbled together this recipe. Share and share alike....

**Chilled Cucumber Soup, serves 4**

### Ingredients:

|   |                       |
|---|-----------------------|
| 2 large cucumbers, peeled, seeded, diced            | 1& 1/3 c. sour cream  |
| 1& 1/3 c. Greek yogurt                              | 2 c. vegetable broth  |
| 1 clove garlic, minced                              | 3 T fresh lemon juice |
| 1/4 c. flat-leaf parsley                            |                       |
| 2T loosely packed tarragon (fresh, about 10 leaves) |                       |
| 1/2 medium red onion, finely diced.                 |                       |

### Instructions:

Reserve a little onion, finely chopped cucumber, and some lemon zest for presentation. Place all other ingredients in blender and blend for two minutes. Cover and refrigerate for 2-8 hours to allow flavors to develop and blend. Taste right before serving and add salt as needed. Place soup into bowls and garnish with the reserved ingredients.

# Stump the Vicar

**This month's question: If Jesus is God, why did he have to pray?**

Every Sunday when recite the Nicene Creed we avow that Jesus is fully God and fully human at the same time. In other words, Christ possesses two natures in one person: the nature of God and the nature of man. The Letter to the Philippians points this out in a beautiful early Christian hymn that St. Paul quotes:

*Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death -- even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.*

When St. Paul writes, "...being born in human likeness," he is not referring to Christ acting as if he were human, but rather, he is attesting to the truth that through the Virgin Mary Christ is fully human. In other words, Jesus Christ faced the same struggles, doubts, fears, hopes, joy, love, temptations that all of

us live with. Christ's life on earth was not a pretend sort of human life; rather it was a human life filled with all human emotions, learning, discovery, etc. that our lives are filled with. When he writes that Christ "emptied himself" he is telling the Philippians that Christ set aside the Divine prerogative; for example, Christ's ability to perform miracles was not because of his Divine nature, but rather, because in his human nature he always responded in obedience to the will of God and to the grace that was present. This is why the power of God worked through him.

The Scriptures also tell us that "For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God." And in another place, "For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin." The fact that Christ did not sin was not because of his Divine nature, but rather, that in his human nature he always responded to the grace of God.

God always provides each one of us sufficient grace not to sin, and there are times in our own lives that we do not sin when the opportunity presents itself. In those times we have responded to the grace of God. Theoretically, if we always responded to God's grace, we would not sin. However, St. Paul reminds us,

*I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what*



*I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!*

The temptations that Christ faced after his baptism by John in the River Jordan were not the only temptations that he faced in his life and ministry. They sum up temptations for power, desire for what we do not have, and putting God to the test by making presumptuous claims on what we perceive God's promises and goodness to be. Christ was tempted in every way that we are, but always responded to God's grace. Sometimes, I suspect that we merely give lip service to such statements and tend to think that the human Jesus was only play acting in his prayer life. He prayed because he wanted a closer relationship with God. He prayed for others. He prayed for strength. He prayed because he did not want to sin. He prayed because he was afraid. He prayed because he trusted the power of God. He prayed in gratitude. He prayed in adoration. He prayed in thanksgiving for the gifts God had given him. He prayed because he loved God. He prayed because he is fully human.

Fr. Al Jewson

New Revised Standard Version, Philippians 2: 5-11

Ibid, 2 Corinthians 5: 21

Ibid, Hebrews 4:15

Ibid, Romans 7:15, 18b-25

## St. Francis' Memorial Garden Interment of Ashes

Nick Sacco's ashes were interred  
on June 13.

Bob Underwood's ashes were interred  
on July 24.



# Book Group Adds Meeting



The St. Francis' Book Group has been meeting every other month for a year or two and now have decided that there are too many good books that we'd like to share with one another.

We'd now like to meet the second Monday of every month. We're excited to start right away!

Our next meeting will be on Monday, August 12 at 6:30 in the Community Room. We will discuss *Our Souls at Night* by Kent Haruf, a spare yet eloquent, bittersweet yet inspiring story of a man and a woman who, in advanced age, come together to wrestle with the events of their lives and their hopes for the imminent future. In the familiar setting of Holt, Colorado, home to all of Kent Haruf's inimitable fiction, Addie Moore pays an unexpected visit to a neighbor, Louis Waters. Her husband died years ago, as did his wife, and in such a small town they naturally have known of each other for decades and Addie and Louis have long been living alone in houses now empty of family, the nights so terribly lonely, especially with no one to talk with. Their brave adventures - their pleasures and their difficulties - are hugely involving and truly resonant.

This quick-read story is quickly available with many copies at County Library and [amazon.com](http://amazon.com). There's also a Netflix version starring Robert Redford and Jane Fonda.

(Summary and review from [goodreads.com](http://goodreads.com))

## Eureka Days is Coming

Mark your calendars for September 6 and 7. We are asking for donations of bags of candy for the parade on September 7. We also need volunteers to man the booth on September 6 and 7. There is a sign-up sheet on the bulletin board. For more information, please contact Kathleen O'Reilly at [kbdreams5@hotmail.com](mailto:kbdreams5@hotmail.com) or 314-706-2330.



*Evelyn Rose Rainbolt, daughter of Jeff and Liz Rainbolt, was baptized on July 14.*

## Lunar Communion Sunday

On July 20 we celebrated the 50<sup>th</sup> anniversary of Apollo 11 landing on the moon.

So here's a trivia question for you: What was the first food and drink consumed on the lunar surface?

It was bread. And wine. It was Holy Eucharist.

This article (see below) was published in *Guideposts* magazine back in 1970, detailing the story. Buzz Aldrin, it turns out, was a Presbyterian elder. He had a tiny allowance for personal items that he could bring to the moon, and he chose to bring the elements and a tiny silver cup so that he could celebrate communion.



Webster Presbyterian Church in Houston (Aldrin's home congregation) celebrates Lunar Communion Sunday each year on the Sunday closest to July 20. ([www.guideposts.org/better-living/life-advice/finding-life-purpose/apollo-11-when-buzz-aldrin-took-communion-on-the-moon](http://www.guideposts.org/better-living/life-advice/finding-life-purpose/apollo-11-when-buzz-aldrin-took-communion-on-the-moon))

## Centering Prayer: Quiet Time with God

Centering Prayer takes place at 5:30 pm on Wednesdays in the church. Our quiet time together will last about 20 minutes.

*One of the goals of Centering Prayer is to be totally open to God: totally available, all the way down to that innermost point of your being; deeper than your thinking, feelings, memories, and desires.*

## A Prayer for Evangelism

**A**lmighty God, by your grace you have given us new life in Jesus Christ, and by your Spirit you have called us to proclaim his Name throughout all the nations. Awaken in us such a love for you, and for your word and deed, that all people may come to know him as Savior, and follow him as Lord, who with you and the Holy Spirit lives and reigns, one God, in glory everlasting. Amen.

## WEEKLY SUNDAY ASA—JULY

| 2018 | 2019 |
|------|------|
| 58   | 59   |
| 53   | 70   |
| 63   | 70   |
| 57   | 49   |
| 72   |      |

## Calling all cooks!

*Do you have a favorite recipe that you would like to share in **The Chalice**? Please send it to the business office at [stfranch@sbcglobal.net](mailto:stfranch@sbcglobal.net).*



## Vitals Check

Bill Thompson, RN, will be available in the Community Room between services on the second Sunday of every



month to check and record blood pressures and heart rates. Be sure to stop in to see him for this valuable ministry!

# AUGUST 2019 Worship Participants Schedule

|                    | <b>Aug. 4</b> | <b>Aug. 11</b> | <b>Aug. 18</b>    | <b>Aug. 25</b> |
|--------------------|---------------|----------------|-------------------|----------------|
| <b>Altar Guild</b> | Sue Schmidt   | Jerry Smith    | Kathleen O'Reilly | Doris Schaefer |

## Worship Participants for 8:00 a.m. Service

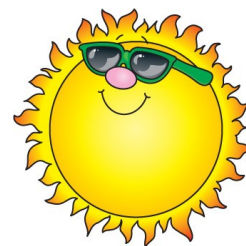
|                             |                   |                   |                   |                   |
|-----------------------------|-------------------|-------------------|-------------------|-------------------|
| <b>Acolyte</b>              |                   | A. B-M.           | L. B-M.           | Tatum McCart      |
| <b>Lector/Intercessor</b>   | Tracey Oswald     | Della Thompson    | Janet Houseman    | Sheila McCart     |
| <b>Eucharistic Minister</b> | Kathleen McDonald | Kathleen McDonald | Kathleen McDonald | Kathleen McDonald |
| <b>Announcements</b>        | Tracey Oswald     | Sylvia Ahmad      | Joe O'Reilly      | Paul Becker       |

## Worship Participants for 10:15 a.m. Service

|                              |                               |                                   |                                |                               |
|------------------------------|-------------------------------|-----------------------------------|--------------------------------|-------------------------------|
| <b>Greeter</b>               | Mary Ann Kinder               | Sue Schmidt                       | Doris Schaefer                 | Linda Doolittle               |
| <b>Usher</b>                 | Chris Kinder                  | Bob Smith                         | Rich Mayfield                  | Joe Bernert                   |
| <b>Acolyte</b>               | Katie Jones                   | Jeff Veenstra                     | Aundrea Bach                   | Rich Mayfield                 |
| <b>Lectors</b>               | Bob Smith<br>Paddy Wrob       | Tim Booker<br>Michael Booker      | Barb Sacco<br>Sally Hader      | Joe O'Reilly<br>Bob Schaefer  |
| <b>Intercessor</b>           | Sue Schmidt                   | Bob Smith                         | Kathleen O'Reilly              | Suzanne Jones                 |
| <b>Torch Bearers</b>         | Sue & John Schmidt            | Arlene Underwood<br>Laurie Dailey | Doris & Bob<br>Schaefer        | Donna & Joe Bernert           |
| <b>Eucharistic Ministers</b> | Suzanne Jones<br>Paul Jokerst | Barb Sacco<br>Jeff Veenstra       | Michael Booker<br>Bob Schaefer | Suzanne Jones<br>Paul Jokerst |
| <b>Eucharistic Visitor</b>   | Paul Jokerst                  | Sally Hader                       | Paddy Wrob                     | Tracey Oswald                 |
| <b>Tellers</b>               | Suzanne Jones<br>Bob Smith    | Joe Bernert<br>Arlene Underwood   | Rich Mayfield<br>Joe Bernert   | Joe O'Reilly<br>Suzanne Jones |
| <b>Announcements</b>         | Donna Bernert                 | Michael Booker                    | Barb Sacco                     | Paul Jokerst                  |



# August 2019



| Sun  | Mon  | Tue  | Wed  | Thu   | Fri  | Sat   |
|--|--|--|--|---|--|---|
| <p><i>Office opens at 9am on weekdays</i></p>  |  |  |  | <p>1</p> <p>8:30am Morning Prayer</p> <p>1pm Staff Mtg</p>                                    | <p>2</p> <p>10am Bible Study</p> <p>10am Men's OA</p>  | <p>3</p>  |
| <p>4</p> <p><b>Eighth Sunday after Pentecost</b></p> <p>8am Worship</p> <p>10:15am Worship</p>   | <p>5</p> <p>5pm Evening Prayer</p> <p>6:30 pm Worship and Music Comm</p> | <p>6</p> <p><b>Transfiguration of Our Lord</b></p> <p>8:30 am Morning Prayer</p> <p>Search Committee 6pm</p> | <p>7</p> <p>1:30pm Crafternooners</p> <p>5:30pm Centering Prayer</p>   | <p>8</p> <p>8:30am Morning Prayer</p> <p>1pm Chalice Mtg</p>                                  | <p>9</p> <p>10am Bible Study</p> <p>10am Men's OA</p>  | <p>10</p>   |
| <p>11</p> <p><b>Ninth Sunday after Pentecost</b></p> <p>8am Worship</p> <p>10:15am Worship</p>   | <p>12</p> <p>5pm Evening Prayer</p> <p>6:30 pm Book Group</p>            | <p>13</p> <p>8:30 am Morning Prayer</p> <p>Women's Group 6:30 @ B. Sacco's</p>                               | <p>14</p> <p>11:30am Eureka Chamber of Commerce Luncheon</p> <p>1:30pm Crafternooners</p> <p>5:30pm Centering Prayer</p> | <p>15</p> <p><b>St. Mary the Virgin</b></p> <p>8:30am Morning Prayer</p> <p>1pm Staff Mtg</p> | <p>16</p> <p>10am Bible Study</p> <p>10am Men's OA</p> | <p>17</p> <p>FMSC Food-Packing @ Queeny Park</p>    |
| <p>18</p> <p><b>Tenth Sunday after Pentecost</b></p> <p>8am Worship</p> <p>10:15am Worship</p> <p>11:45 am BC</p> <p><b>POTLUCK SUNDAY</b></p> | <p>19</p> <p>5pm Evening Prayer</p>                                      | <p>20</p> <p>8:30 am Morning Prayer</p> <p><b>Chalice Deadline</b></p>                                       | <p>21</p> <p>1:30pm Crafternooners</p> <p>5:30pm Centering Prayer</p>  | <p>22</p> <p>8:30am Morning Prayer</p> <p>1pm Marketing &amp; Comm Mtg</p>                    | <p>23</p> <p>10am Bible Study</p> <p>10am Men's OA</p> | <p>24</p> <p><b>St. Bartholomew the Apostle</b></p> |
| <p>25</p> <p><b>Eleventh Sunday after Pentecost</b></p> <p>8am Worship</p> <p>10:15am Worship</p>  | <p>26</p> <p>5pm Evening Prayer</p>                                      | <p>27</p> <p>8:30 am Morning Prayer</p>  | <p>28</p> <p>1:30pm Crafternooners</p> <p>5:30pm Centering Prayer</p>  | <p>29</p> <p>8:30am Morning Prayer</p>  | <p>30</p> <p>10am Bible Study</p> <p>10am Men's OA</p> | <p>31</p>   |