At 8am, sing verse 1. At 10:30am, sing all.



THE FIRST LESSON: A READING FROM HEBREW SCRIPTURES

Reader A reading from the second book of Samuel.

5:1-5, 9-10

All the tribes of Israel came to David at Hebron, and said, "Look, we are your bone and flesh. For some time, while Saul was king over us, it was you who led out Israel and brought it in. The Lord said to you: It is you who shall be shepherd of my people Israel, you who shall be ruler over Israel." So all the elders of Israel came to the king at Hebron; and King David made a covenant with them at Hebron before the Lord, and they anointed David king over Israel. David was thirty years old when he began to reign, and he reigned forty years. At Hebron he reigned over Judah seven years and six months; and at Jerusalem he reigned over all Israel and Judah thirty-three years.

David occupied the stronghold, and named it the city of David. David built the city all around from the Millo inwards. And David became greater and greater, for the Lord, the God of hosts, was with him.

Hear what the Holy Spirit is saying to God's people.

People Thanks be to God.

PSALM OF THE DAY

48



- Great is the Lord, and highly to be praised; in the city of our God is his holy hill.
- 2 Beautiful and lofty, the joy of all the earth, is the hill of Zion, the very center of the world and the city of the great King.
- God is in her citadels;
 he is known to be her sure refuge. ANTIPHON
- 4 Behold, the kings of the earth assembled and marched forward together.
- 5 They looked and were astounded; they retreated and fled in terror.
- 6 Trembling seized them there; they writhed like a woman in childbirth, like ships of the sea when the east wind shatters them. **ANTIPHON**

- 7 As we have heard, so have we seen, in the city of the Lord of hosts, in the city of our God; God has established her for ever.
- 8 We have waited in silence on your loving-kindness, O God, in the midst of your temple.
- 9 Your praise, like your Name, O God, reaches to the world's end; your right hand is full of justice. ANTIPHON
- 10 Let Mount Zion be glad and the cities of Judah rejoice, because of your judgments.
- Make the circuit of Zion;
 walk round about her;
 count the number of her towers.
- 12 Consider well her bulwarks; examine her strongholds; that you may tell those who come after.
- 13 This God is our God for ever and ever; he shall be our guide for evermore. ANTIPHON

THE SECOND LESSON: A READING FROM THE NEW TESTAMENT WRITINGS

Reader A reading from the second letter to the Corinthians.

12:2-10

I know a man in Christ who was caught up into the third heaven fourteen years ago. I don't know whether it was in the body or out of the body. God knows. I know that this man was caught up into paradise and that he heard unspeakable words that were things no one is allowed to repeat. I don't know whether it was in the body or apart from the body. God knows. I'll brag about this man, but I won't brag about myself, except to brag about my weaknesses.

If I did want to brag, I wouldn't make a fool of myself because I'd tell the truth. I'm holding back from bragging so that no one will give me any more credit than what anyone sees or hears about me. I was given a thorn in my body because of the outstanding revelations I've received so that I wouldn't be conceited. It's a messenger from Satan sent to torment me so that I wouldn't be conceited.

I pleaded with the Lord three times for it to leave me alone. He said to me, "My grace is enough for you, because power is made perfect in weakness." So I'll gladly spend my time bragging about my weaknesses so that Christ's power can rest on me. Therefore, I'm all right with weaknesses, insults, disasters, harassments, and stressful situations for the sake of Christ, because when I'm weak, then I'm strong.

Hear what the Holy Spirit is saying to the church.

People Thanks be to God.

3

THE PROCLAMATION OF THE GOSPEL

Deacon God is with you.

People And also with you.

Deacon The Holy Gospel of our Savior Jesus Christ according to Mark. 6:1-13

People Glory to you, O Christ.

Deacon Jesus came to his hometown, and his disciples followed him. On the sabbath he began to

teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them.

And he was amazed at their unbelief.

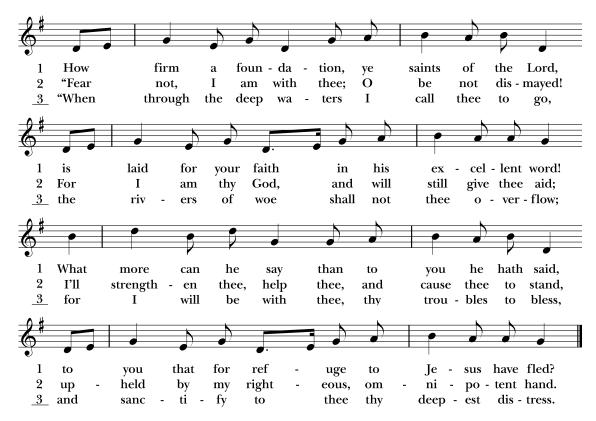
Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

At the end of the Gospel the Deacon says

Deacon The Gospel of the Lord.

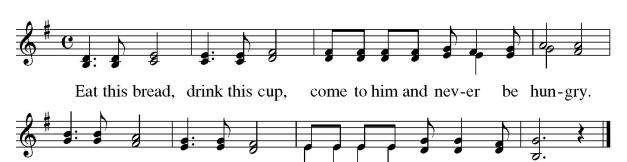
People Praise to you, O Christ.

The gifts of bread, wine, money and other gifts are brought to the Presider as an offering to God. Once the Holy Table or Altar is prepared, the Presider and people give thanks to God for the many gifts we have been given.



COMMUNION HYMN

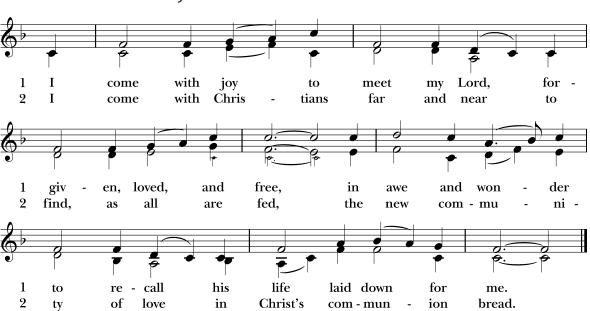
EAT THIS BREAD



Eat this bread, drink this cup, trust in him and you will not thirst.

SENDING HYMN 8am only

I COME WITH JOY



SENDING HYMN 10:30am only GUIDE ME, O THOU GREAT JEHOVAH



Feel free to take this green insert home with you for prayer or pondering.