

**THE WAY OF LOVE**  
*Practices for Jesus-Centered Life*

THE THIRD SUNDAY IN LENT  
LEARN: REFLECT ON SCRIPTURE EACH DAY,  
ESPECIALLY THE LIFE AND TEACHINGS OF JESUS  
SUNDAY, MARCH 12, 2023, 10:30AM  
ENRICHING OUR WORSHIP 1

## ABOUT WORSHIP IN THE SEASON OF LENT

**Colors:** We replace the green of Epiphany with purple and burlap. Purple is the color of humility, penance, and wisdom that comes from inward discernment. It is also the color of royalty. The extreme differences between the two (humility and royalty) express one of the great lessons of Lent: Christ as the servant-king and our attempt to be as such to the world as well. In penitential theology, purple is the color of inward reflection, which is one of the important things we are called to do each Lent in preparation for Easter. Burlap is a rough and simple cloth. It signifies the fasting, doing without, of Lent. (Attribution: <https://doers.org/liturgical-colors-of-the-church/>)

**Seating:** Our chairs are turned to face one another. This stark contrast from our usual forward facing chair arrangement wakes us up to Lent as a season different from all others. In Lent, we seek to turn to God more fully. We face one another to confess our need for God and the ways in which we have not loved God and our neighbors with our whole hearts.

**Baptismal Font:** The baptismal bowl is removed and Christ's cross replaces it. This serves as a reminder that "the spiritual grace of our baptism is union with Christ in his death and resurrection" (Book of Common Prayer, Catechism, p. 858).

**Music:** As a season of quiet contemplation, you will notice the use of Taize music each week. Taize is sung meditation meant to quiet the mind and body to make room for God's presence within us. You will also notice there is no Gloria at the opening of services and we sing more subdued music in the Eucharistic Prayer.

**The Way of Love in Lent:** The journey through Lent into Easter is a journey with Jesus. Each week in our lenten liturgy, we will focus on one of the seven ancient practices for a Jesus-centered life: Turn, Pray, Learn, Bless, Rest, Go and Worship. We will focus on the same practices and their intersection with the readings from the Easter Vigil Service in our lenten Christian Formation. See the announcements or the newsletter for ways to participate.

At St. Francis we say, "there are no mistakes in worship." If you sit or stand at a different time than others or sing off key, it is all pleasing to the God we worship. All we do and all we are is brought before God as an offering in our Eucharist.

GATHERING HYMN *Stand*

## TEACH ME THY WAY, O LORD

H 401



1. Teach me thy way, O Lord; teach me thy way!
2. When I am sad at heart, teach me thy way!
3. When doubts and fears a - rise, teach me thy way!
4. Long as my life shall last, teach me thy way!



Thy guid - ing grace af - ford; teach me thy way!  
 When earth - ly joys de - part, teach me thy way!  
 When storms o'er - spread the skies, teach me thy way!  
 Wher - e'er my lot be cast, teach me thy way!



Help me to walk a - right, more by faith, less by sight;  
 In hours of lone - li - ness, in times of dire dis - tress,  
 Shine thro' the cloud and rain, thro' sor - row, toil, and pain;  
 Un - til the race is run, un - til the jour - ney's done,



lead me with heav'n - ly light; teach me thy way!  
 in fail - ure or suc - cess, teach me thy way!  
 make thou my path - way plain; teach me thy way!  
 un - til the crown is won, teach me thy way!

## PENITENTIAL ORDER

Presider Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Presider Hear what our Lord Jesus Christ says:

Jesus said, "The first [commandment] is: Hear, O Israel: the Holy One our God, the Holy is One; you shall love the Holy One your God with all your heart, and with all your soul, and with all your mind, and with all your strength. The second is this, you shall love your neighbor as yourself. There is no other commandment greater than these."

Mark 12:29-31

Presider Let us confess our sins against God and our neighbor.

*Silence is kept.*

Presider and people

God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.

Presider Almighty God have mercy on you, forgive you all your sins  
through the grace of Jesus Christ, strengthen you in all goodness,  
and by the power of the Holy Spirit keep you in eternal life.

People Amen.

S91

Lord, have mer - cy up - on us. Lord, have mer - cy up -

on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -

on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -

on us. Lord, have mer - cy up - on us.

Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

## THE COLLECT OF THE DAY

Presider God is with you.

People **And also with you.**

Presider Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **Amen.**

## THE LESSONS *Sit*

### THE FIRST LESSON

Reader A reading from Exodus.

17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

So Abram went, as the Lord had told him; and Lot went with him.

The Word of the Lord.

People **Thanks be to God.**



- 1 Come, let us sing to the Lord;  
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving  
and raise a loud shout to him with psalms. **ANTIPHON**
- 3 For the Lord is a great God,  
and a great King above all gods.
- 4 In his hand are the caverns of the earth,  
and the heights of the hills are his also.
- 5 The sea is his, for he made it,  
and his hands have molded the dry land. **ANTIPHON**
- 6 Come, let us bow down, and bend the knee,  
and kneel before the Lord our Maker.
- 7 For he is our God,  
and we are the people of his pasture and the sheep of his hand.  
Oh, that today you would hearken to his voice! **ANTIPHON**
- 8 Harden not your hearts,  
as your forebears did in the wilderness,  
at Meribah, and on that day at Massah,  
when they tempted me.
- 9 They put me to the test,  
though they had seen my works.
- 10 Forty years long I detested that generation and said,  
"This people are wayward in their hearts;  
they do not know my ways."
- 11 So I swore in my wrath,  
"They shall not enter into my rest." **ANTIPHON**

## THE SECOND LESSON

Reader

A reading from the letter to the Romans.

5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation. The Word of the Lord.

People

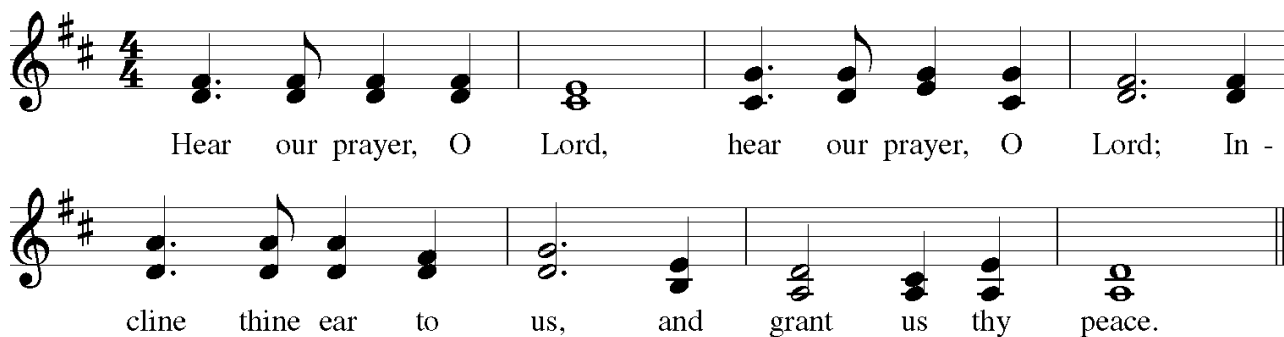
**Thanks be to God.**

**GOSPEL HYMN** *Stand*

**HEAR OUR PRAYER, O LORD**

**LEVAS 249**

*Sing twice.*



## THE GOSPEL

Presider

The Holy Gospel of our Lord Jesus Christ according to John.

4:5-42

People

**Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."



Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.

People

**Praise to you, Lord Christ.**

## **GOSPEL HYMN**

*Sing gospel hymn on previous page one time through.*

**SERMON** *Sit*

**JENNIFER REYES LAY**

## **THE NICENE CREED** *Stand*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary  
and was made human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE

Presider With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

*The people respond, "Lord have mercy."*

Presider Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your church, and give to us the peace and unity of that heavenly City where with the Father and Holy Spirit you live and reign now and for ever. **Amen.**

## PEACE

Presider The peace of the Lord be always with you.

People **And also with you.**

*We invite you to extend the peace of God to those in the congregation.*

## ANNOUNCEMENTS *Sit*

# OFFERTORY

# AS THE DEER

*Sung three times.*

As the deer pant - eth for the wat - er, so my

soul long - eth af - ter thee. you a - lone are my

heart's de - sire\_\_ and I long to wor - ship

thee. Chorus: You a - lone are my strength, my shield; to

you a - lone may my spir - it yield.

you a - lone are my heart's de - sire\_\_ and I

1., 2. 3.

long to wor - ship thee. thee.

You a - lone are my heart's de - sire\_\_ and I

RIT.

long to wor - ship thee.

## EUCCHARIST *Stand*

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Presider It is truly right, and good and joyful, to give you thanks all-holy God, source of life and fountain of mercy.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

## SANCTUS

S 125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

Presider

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

Presider

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ.

Grant that we who share these gifts may be filled + with the Holy Spirit and live as Christ's Body in the world.

Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Mary, St. Francis, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

## AMEN



*A - men.*

## THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say,

People Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## THE BREAKING OF THE BREAD

*The Presider breaks the consecrated Bread. A period of silence is kept.*

Presider Christ our Passover is sacrificed for us.

People Therefore let us keep the feast.

## FRACTION ANTHEM

S 161

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Presider            The Gifts of God for the People of God.

*Our bread is gluten-, dairy- and nut-free. This Eucharistic table does not belong to the Episcopal Church or to St. Francis'. This is God's table, and all are welcome. In the Episcopal Church, we receive both the bread and wine, the Body and Blood of Jesus. If you choose not to receive communion, please come forward and cross your arms over your heart to receive a blessing.*

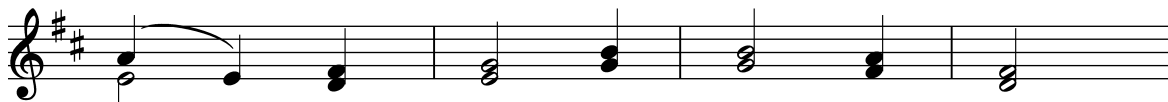
## COMMUNION HYMN

## JUST AS I AM

LEVAS 137



1. Just\_\_\_ as I am,\_\_\_ with - out\_\_\_ one plea, But
2. Just\_\_\_ as I am,\_\_\_ though tossed\_\_\_ a - bout With
3. Just\_\_\_ as I am,\_\_\_ poor, wretch - ed, blind; Sight
4. Just\_\_\_ as I am,\_\_\_ thou wilt\_\_\_ re - ceive; Wilt
5. Just\_\_\_ as I am,\_\_\_ thy love\_\_\_ un - known Has
6. Just\_\_\_ as I am,\_\_\_ of thy\_\_\_ great love The



1. that\_\_\_ thy blood was shed for me,
2. ma - ny-a con - flict, ma - ny-a doubt;
3. rich - es, heal - ing of the mind,
4. wel - come, par - don, cleanse, re - lieve,
5. bro - ken ev - ery bar - rier down;
6. breadth,\_\_\_ length, depth, and height to prove,



1. And\_\_\_ that thou bidd'st\_\_\_ me come to thee,\_\_\_ O
2. Fight - ings and fears\_\_\_ with - in, with - out,\_\_\_ O
3. Yea,\_\_\_ all I need\_\_\_ in thee to find,\_\_\_ O
4. Be - cause thy prom - ise I be - lieve,\_\_\_ O
5. Now\_\_\_ to be thine,\_\_\_ yea, thine a - lone,\_\_\_ O
6. Here\_\_\_ for a sea - son, then a - bove:\_\_\_ O



Lamb of God,\_\_\_ I come, I come.\_\_\_\_\_

## POST-COMMUNION PRAYER

*After all have received communion the Presider says*

Presider            Let us pray.

People            Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

## SOLEMN PRAYER OVER THE PEOPLE

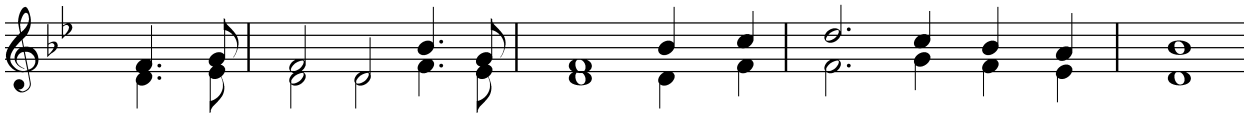
Presider Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord.

People Amen.

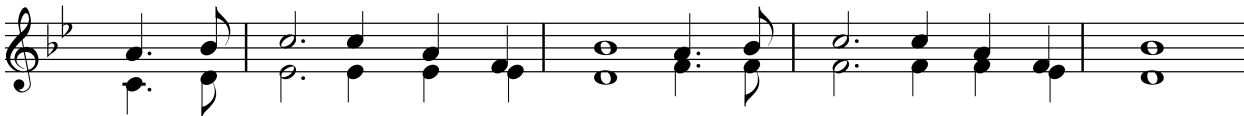
## SENDING HYMN

## ROCK OF AGES

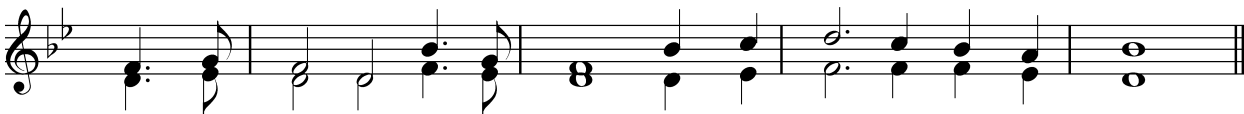
H 685



1 Rock of a - ges, cleft for me, let me hide my - self in thee;  
2 Should my tears for ev - er flow, should my zeal no lan - guor know,  
3 While I draw this fleet-ing breath, when mine eye - lids close in death,



let the wa - ter and the blood from thy wound - ed side that flowed,  
all for sin could not a - tone: thou must save, and thou a - lone;  
when I rise to worlds un - known and be - hold thee on thy throne,



be of sin the dou - ble cure, cleanse me from its guilt and power.  
in my hand no price I bring, sim - ply to thy cross I cling.  
Rock of a - ges, cleft for me, let me hide my - self in thee.

## DISMISSAL

Presider Go in peace to love and serve the Lord.

People Thanks be to God.





