

THE WAY OF LOVE

Practices for Jesus-Centered Life

THE THIRD SUNDAY IN LENT
SUNDAY, MARCH 3, 2024

BLESS: SHARE FAITH AND UNSELFISHLY GIVE AND SERVE

LENT IS A SEASON SET APART . . .

Liturgy: There are several significant liturgical changes. We open with the Kyrie (see the song on the facing page to learn what this means), the Penitential Order and confession. This emphasizes that Lent is a time for turning and re-turning to God. There is no Gloria and no speaking of the word "alleluia!" in Lent. We will hear these words on Easter Day! Finally, after the Post-communion prayer, the priest will offer a Solemn Prayer, instead of the usual blessing. This prayer changes with each week of Lent.

Colors: We replace the green of Epiphany with purple and burlap. Purple is the color of humility, penance, and wisdom that comes from inward discernment. It is also the color of royalty. The extreme differences between the two (humility and royalty) express one of the great lessons of Lent: Christ as the servant-king and our attempt to be as such to the world as well. In penitential theology, purple is the color of inward reflection, which is one of the important things we are called to do each Lent in preparation for Easter. Burlap is a rough and simple cloth. It signifies the fasting, doing without, of Lent. (Attribution: <https://doers.org/liturgical-colors-of-the-church/>)

Seating: Our chairs are turned to face one another. This stark contrast from our usual forward facing chair arrangement wakes us up to the Lent as a season of penitence. In Lent, we seek to turn to God more fully. We face one another to confess our need for God and the ways in which we have not loved God and our neighbors with our whole hearts.

Baptismal Font: The baptismal bowl is removed and Christ's cross replaces it. This serves as a reminder that "the spiritual grace of our baptism is union with Christ in his death and resurrection" (Book of Common Prayer, Catechism, p. 858).

Music: Several musical changes mark the lenten season. We do not open with a rousing gathering hymn, but with the Kyrie, asking God for mercy. Each offertory hymn in Lent speaks to the Way of Love practice highlighted in Forum, in the bulletin, and in preaching. Finally, musical selections tend to be more solemn and meditative in Lent.

The Way of Love In Lent: The journey through Lent into Easter is a journey with Jesus. Each week in our lenten liturgy, we will focus on one of the seven ancient practices for a Jesus-centered life: Turn, Pray, Learn, Bless, Rest, Go and Worship.

This week, we focus on Bless: Share Faith and Unselfishly Give and Serve.

We love pictures and videos, and we love sharing what we do on social media. When attending our events or services, you agree to our using pictures of you and any children in your charge on social media and elsewhere. If you prefer not to be included in photos or video, please inform a staff member or usher.

I'm just a poor wayfaring stranger a travelin' through this world of woe,
But there's no sickness, toil, or danger in that bright land to which I go.
I'm going there to see my Father, I'm going there no more to roam.
I'm just a-going over Jordan. I'm just a-going over home.

I know dark clouds will gather 'round me. I know my way is rough and steep;
But golden fields lie just before me, Where God's redeemed no more shall weep.
I'm going there to see my mother, she said she'd meet me when I come;
I'm just a-going over Jordan, I'm just a-going over home.

Going home, going home, I'm just going home.
Quiet-like, some still day, I'm just going home.
It's not far, just close by, through an open door.
Work all done, care laid by, goin' to fear no more.
Mother's there, 'specting me, Father's waiting too.
Lots of folk gathered there, All the friends I knew.

I'm going there to see my Savior, I'm going there no more to roam,
I'm just a-going over Jordan, I'm just a-going over home. I'm just a-going over home.

The congregation stands.

A PENITENTIAL ORDER

The congregation joins in singing "Kyrie eleison, Christe eleison," which is Greek for "Lord have mercy, Christ have mercy." Cantor sings the verses. The altar party enters.



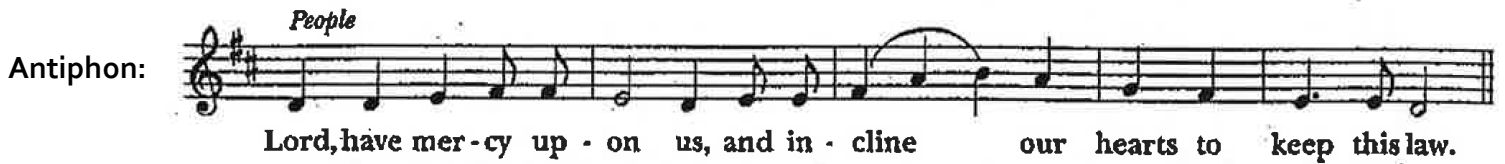
OPENING ACCLAMATION

Presider	Bless the Lord who forgives all our sins.
People	God's mercy endures forever.

THE DECALOGUE At 8am, the antiphon is spoken. At 10:30, congregation sings the antiphon.

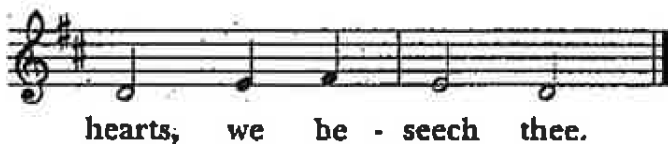
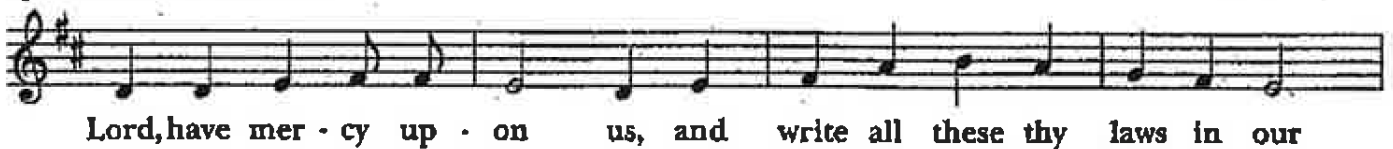
The people stand or kneel.

Presider Hear the commandments of God to the people:
I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.



You shall not make for yourself any idol. (a)
You shall not invoke with malice the Name of the Lord your God. (a)
Remember the Sabbath Day and keep it holy. (a)
Honor your parents. (a)
You shall not commit murder. (a)
You shall not commit adultery. (a)
You shall not steal. (a)
You shall not be a false witness. (a)
You shall not covet anything that belongs to your neighbor.

After the 10th Commandment



CONFESSION OF SIN

Deacon Let us humbly confess our sins unto Almighty God.

Silence is kept.

People **Almighty and most merciful God,
we have erred and strayed from your ways like lost sheep,
we have followed too much the devices and desires of our
own hearts,
we have offended against your holy laws,
we have left undone those things which we ought to
have done,
and we have done those things which we ought not to
have done.
But you, O Lord, have mercy upon us,
spare those who confess their faults,
restore those who are penitent,
according to your promises declared unto humankind
in Christ Jesus our Lord;
and grant, O most merciful Creator, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of your holy Name. Amen.**

Presider The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit.

People **Amen.**

THE COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **Amen.**

WE HEAR THE SACRED STORIES *Seated*

THE FIRST LESSON

Reader

A reading from the Book of Exodus.

20:1-17

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

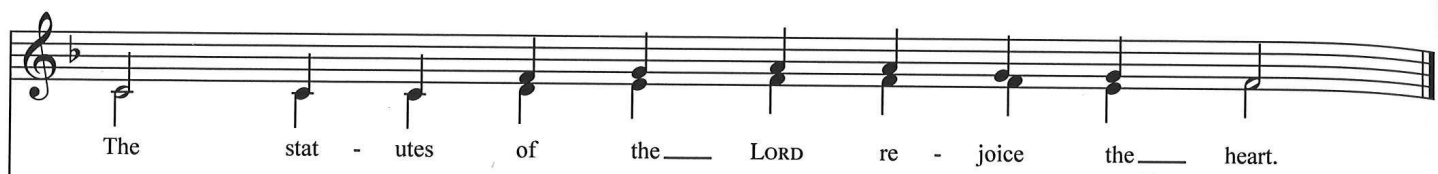
The Word of the Lord.

People

Thanks be to God.

THE PSALM OF THE DAY *At 8am, spoken.* 19

The congregation sings the antiphon one time through before the spoken verses.



- 1 The heavens declare the glory of God,
and the firmament shows his handiwork.
- 2 One day tells its tale to another,
and one night imparts knowledge to another.
- 3 Although they have no words or language,
and their voices are not heard,
- 4 Their sound has gone out into all lands,
and their message to the ends of the world. **ANTIPHON**
- 5 In the deep has he set a pavilion for the sun;
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens
and runs about to the end of it again;
nothing is hidden from its burning heat. **ANTIPHON**
- 7 The law of the Lord is perfect and revives the soul;
the testimony of the Lord is sure and gives wisdom to the innocent.
- 8 The statutes of the Lord are just and rejoice the heart;
the commandment of the Lord is clear and gives light to the eyes. **ANTIPHON**
- 9 The fear of the Lord is clean and endures for ever;
the judgments of the Lord are true and righteous altogether.
- 10 More to be desired are they than gold, more than much fine gold,
sweeter far than honey, than honey in the comb. **ANTIPHON**
- 11 By them also is your servant enlightened,
and in keeping them there is great reward.
- 12 Who can tell how often he offends?
cleanse me from my secret faults. **ANTIPHON**
- 13 Above all, keep your servant from presumptuous sins;
let them not get dominion over me;
then shall I be whole and sound,
and innocent of a great offense.
- 14 Let the words of my mouth and the meditation of my heart be acceptable in your sight,
O Lord, my strength and my redeemer. **ANTIPHON**

THE SECOND LESSON

Reader

A reading from the first letter to the Corinthians.

1:18-25

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

"I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart."

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

The Word of the Lord.

People

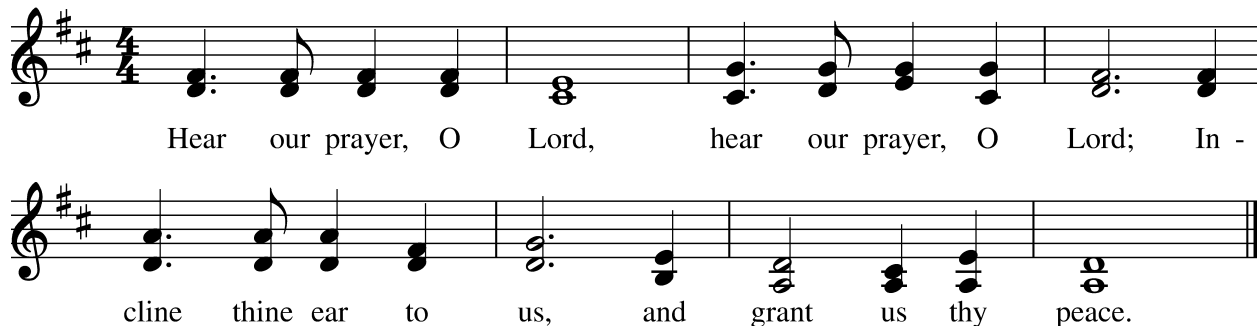
Thanks be to God.

GOSPEL ANTIPHON *Stand*

HEAR OUR PRAYER, O LORD

LEVAS 249

Sung twice.



THE GOSPEL

Deacon

The Holy Gospel of our Lord Jesus Christ according to John.

2:13-22

People

Glory to you, Lord Christ.

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop

making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

GOSPEL ANTIPHON

HEAR OUR PRAYER, O LORD

Sung once. See previous page for music and lyrics.

SERMON

THE REV. LAURIE ANZILOTTI

After the sermon, silence is kept for a time.

THE NICENE CREED *Stand*

Deacon We affirm our faith in the One, Holy and Living God.

People **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Prayer changes people. Prayer is not about changing God, but about changing us more into the likeness of God. Collectively and individually we offer the hopes and desires of our hearts to God. The Deacon, when present in the liturgy, offers the prayers for those who are sick or have asked our prayers.

Deacon We pray to the Eternal One for the courage give ourselves in service to Christ. *Silence is kept for a time.*

*After each petition, intercessor says, "Eternal One, we ask you," to which all respond, "**Give us strength and hear our prayer.**"*

Presider offers a collect, a prayer meant to gather the intentions of the people in a succinct prayer.

Please see our parish Prayer Lists, which can be found on the blue announcement sheet for additional biddings and concerns. If you would like to make a prayer request, please complete our Prayer Request Form which can be accessed on our website or at the back of the church and placed in the office plate.

THE PEACE

Presider The peace of the Lord be always with you.

People **And also with you.**

Presider Let us share with one another a sign of Christ's peace.

We invite you to take a moment and extend the peace of God to the members of your household and then to people in the world that you love and struggle to love.

ANNOUNCEMENTS *Seated*

BIRTHDAY BLESSING

Presider Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their heart may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord.

People **Amen.**

THE OFFERTORY *8:00am only*

MEDITATION HYMN

COME THOU FOUNT OF EVERY BLESSING BY ELENYI

1 Come, thou fount of ev - ery bless - ing, tune my
 2 Here I find my great - est trea - sure; hith - er,
 3 Oh, to grace how great a debt - or dai - ly

heart to sing thy grace! Streams of mer - cy nev - er
 by thy help, I've come; and I hope, by thy good
 I'm con - strained to be! Let thy good - ness, like a

ceas - ing, call for songs of loud - est praise.
 plea - sure, safe - ly to ar - rive at home.
 fet - ter, bind my wan - dering heart to thee:

Teach me some me - lo - dious son - net, sung by
 Je - sus sought me when a stran - ger wan - dering
 prone to wan - der, Lord, I feel it, prone to

flam - ing tongues a - bove. Praise the mount! Oh, fix me
 from the fold of God; he, to res - cue me from
 leave the God I love; here's my heart, oh, take and

on it, mount of God's un - chang - ing love.
 dan - ger, in - ter - posed his pre - cious blood.
 seal it, seal it for thy courts a - bove.

Words: Robert Robinson (1735-1790), alt. Music: *Nettleton*, melody from *A Repository of Sacred Music, Part II*, 1813; harm. Gerre Hancock (b. 1934).

As the ushers bring forth the offering, all stand.

1 CHRON. 29:14

Presider All things come from you , O Lord,

People And we have given you only what comes from your hand.

THE GREAT THANKSGIVING

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Presider It is truly right, and good and joyful, to give you thanks all-holy God, source of life and fountain of mercy.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Say at 8am: **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

Sing at 10:30am:

The musical score is written on seven staves in G major (one sharp) and 3/4 time. It begins with a treble clef and a key signature of one sharp (F#). The first staff has a 4-measure rest followed by the melody for 'Ho - ly, ho - ly, ho - ly Lord,'. The second staff continues with 'God of pow - er, God of might, heav - en and'. The third staff continues with 'earth are full of your glo - ry. Ho -'. The fourth staff continues with 'san - na in the high - est. Bless - ed the'. The fifth staff continues with 'one who comes in the name of the Lord.'. The sixth staff continues with 'Ho - san - na in the high - est, ho -'. The seventh staff concludes with 'san - na in the high - est.' and a double bar line.

Ho - ly, ho - ly, ho - ly Lord,
God of pow - er, God of might, heav - en and
earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed the
one who comes in the name of the Lord.
Ho - san - na in the high - est, ho -
san - na in the high - est.

Presider

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me."

Priest:
Let us pro-claim the mys - ter - y of faith:

All:
Christ has died, Christ is ris-en, Christ will come a - gain.

Christ has died, Christ is ris-en, Christ will come a - gain!

Presider

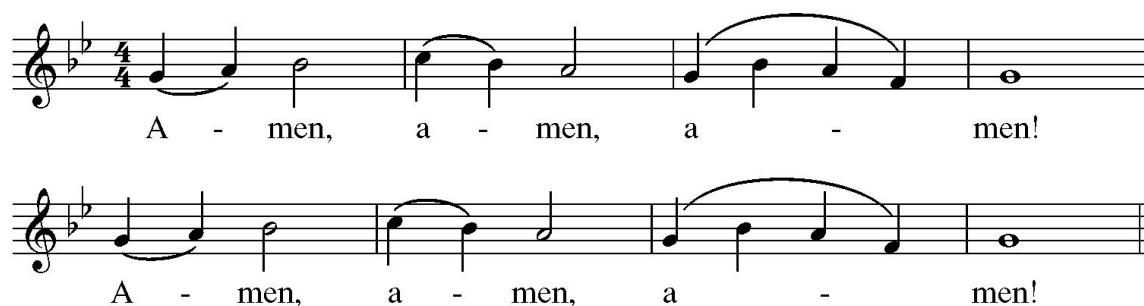
Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ.

Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world.

Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Mary, St. Francis, St. Clare, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

AMEN



THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say,

People **Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. A period of silence is kept.

Presider Christ our Passover is sacrificed for us.

People **Therefore, let us keep the feast.**

FRACTION ANTHEM

At 8am, spoken.

All O Lamb of God, that takes away the sins of the world, have mercy upon us.
O Lamb of God, that takes away the sins of the world, have mercy upon us.
O Lamb of God, that takes away the sins of the world, grant us peace.

At 10:30am, sung.

The musical score is written for a Cantor and an All group. It is in the key of D major (one sharp) and 2/2 time. The lyrics are as follows:

Cantor: Je - sus, Lamb of God,
All: you take a-way the sins of the world:
have mer - cy, have mer - cy on us.

Cantor: 1. Bread of life and sav - ing cup,
2. King of kings and Lord of lords, you take a - way the
3. Lov - ing Sav - ior, Prince of peace,
sins of the world: have mer-cy, have mer-cy on us.

Cantor: Je - sus, Lamb of God,
All: you take a-way the sins of the world:
have mer - cy, and grant us your peace.

Presider God's holy gifts for God's holy people.

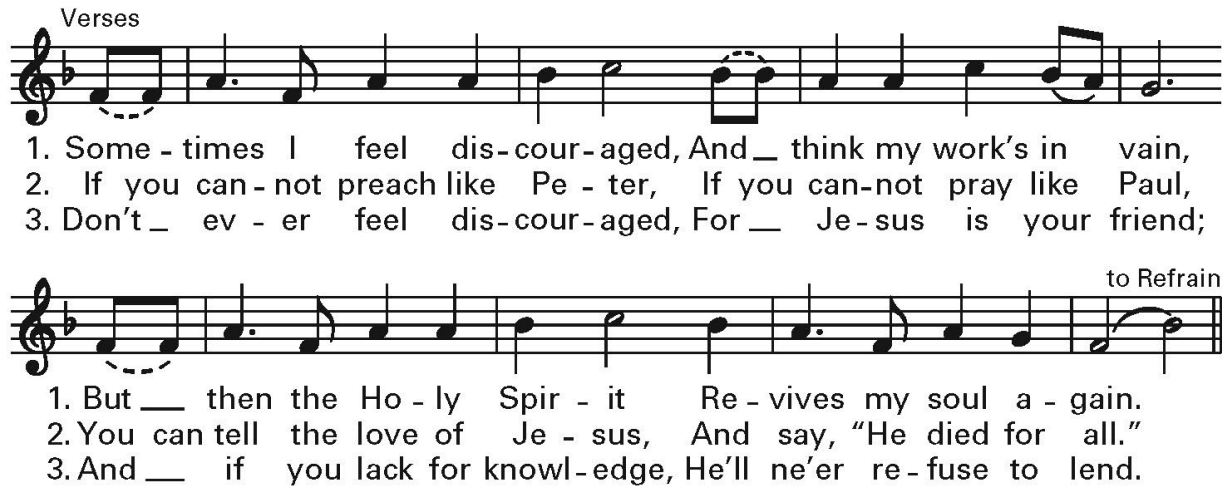
Our bread is gluten-, dairy- and nut-free. This Eucharistic table does not belong to the Episcopal Church or to St. Francis'. This is God's table, and all are welcome. In the Episcopal Church, we receive both the bread and wine, the Body and Blood of Jesus. If you choose not to receive communion, please come forward and cross your arms over your heart to receive a blessing.

Refrain



There is a balm in Gil-e-ad to make the wound-ed whole,
there is a balm in Gil-e-ad to heal the sin-sick soul.

Verses



1. Some - times I feel dis-cour-aged, And _ think my work's in vain,
2. If you can - not preach like Pe - ter, If you can-not pray like Paul,
3. Don't _ ev - er feel dis-cour-aged, For _ Je - sus is your friend;

to Refrain

1. But _ then the Ho - ly Spir - it Re - vives my soul a - gain.
2. You can tell the love of Je - sus, And say, "He died for all."
3. And _ if you lack for knowl-edge, He'll ne'er re - fuse to lend.

THE GREAT SILENCE

Once all have received communion and the Holy Table has been cleared, the community observes a moment of silent reflection and prayer.

Presider Jesus said to his disciples, "Come away to a quiet place and rest for a while." Therefore, let us now rest in Christ's presence in the silence.

A prolonged silence is kept. At a signal from the Presider, the silence is broken.

POST-COMMUNION PRAYER *Stand*

After the Great Silence the Presider invites the congregation to stand and pray saying:

Presider God is with you.

People **And also with you.**

Presider Together, let us pray.

People **Eternal God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live lives grounded in service to you and to one another; through Jesus Christ our Lord. Amen.**

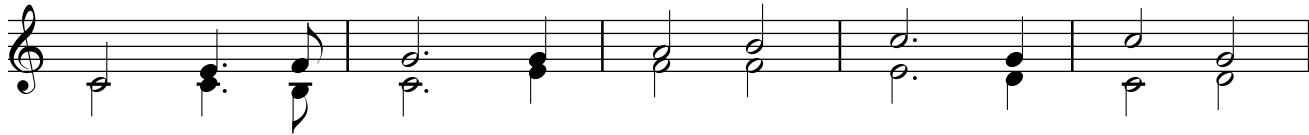
SOLEMN PRAYER OVER THE PEOPLE

The Presider prays over the people as a reminder of God's extravagant love and invites us to go into the world to be God's blessing.

Deacon Bow down your hearts before the Lord our God.

The Presider offers the prayer over the people.

Presider Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. Amen.



1 Lift up your heads, ye might - y gates; be - hold the
 *4 Re - deem - er, come! I o - pen wide my heart to
 5 So come, my Sov - ereign; en - ter in! Let new and



1 King of glo - ry waits! The King of kings is
 4 thee: here, Lord, a - bide! Let me thy in - ner
 5 no - bler life be - gin; thy Ho - ly Spi - rit



1 draw - ing near; the Sa - vior of the world is here.
 4 pres - ence feel: thy grace and love in me re - veal.
 5 guide us on, un - til the glo - rious crown be won.

DISMISSAL

Deacon Our worship is ended. Our service in the world begins. Go into the world to love what God loves. Go in Peace to love and serve the Lord.

People **Thanks be to God.**

POSTLUDE *10:30am only*