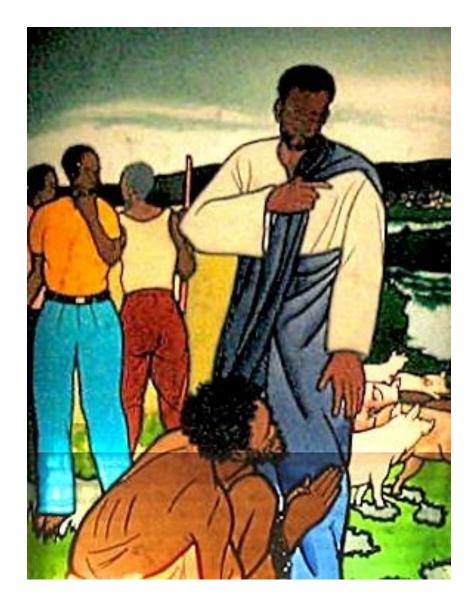


The Fourth Sunday after Epiphany Sunday, January 28, 2024 Enriching Our Worship 3



They were all amazed... "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him."

—Mark 1:27

THE FINAL WEEKS OF THE EPIPHANY SEASON

In the Western churches (Roman Catholicism and Protestant traditions), the Epiphany (which means 'showing' or 'manifestation') became an occasion to celebrate one element in the story of Christ's birth, the visit of 'wise men from the east.' From this perspective, Epiphany is an apt season to pray for the worldwide mission of the Church. But in the Eastern churches (Orthodox), the Epiphany is the celebration of Christ's baptism at the hands of John, when the heavens were opened and a voice from heaven declared Jesus to be God's beloved Son. The miracle of Cana in Galilee, where Jesus 'first manifested his glory', follows immediately.

Watch for how the arrangement of the Sunday Gospels of Epiphany in the Revised Common Lectionary deliberately draws out these aspects.

The season of the revelation of Christ to the world ends only with the Feast of the Presentation (February 2) when the child manifested to the wise men is now recognized by Simeon and Anna when he comes to be presented in the Temple according to the Law of Israel. He is both 'a light to the Gentiles' and 'the glory of God's people Israel'. But the redemption he will bring must be won through suffering; the Incarnation is directed to the Passion; and Simeon's final words—"He has been sent as a sign from God, but many will oppose him. As a result, the deepest thoughts of many hearts will be revealed. And a sword will pierce your very soul"--move our attention toward the mysteries of Easter. Ash Wednesday comes soon after, on February 14th.

We love pictures and videos, and we love sharing what we do on social media. When attending our events or services, you agree to our using pictures of you and any children in your charge on social media and elsewhere. If you prefer not to be included in photos or video, please inform a staff member or usher.

Welcome

GATHERING HYMN 8:00am only

MORNING HAS BROKEN

Morning has broken like the first morning Blackbird has spoken like the first bird Praise for the singing, praise for the morning Praise for them springing fresh from the world

Sweet the rains new fall, sunlit from Heaven Like the first dewfall on the first grass Praise for the sweetness of the wet garden Sprung in completeness where His feet pass



"Torah ora" is Hebrew for, "The Law is our Light."

Words: Willard F. Jabusch (b. 1930), alt. Copyright © 1966, 1984 by Willard F. Jabusch. Music: *Torah song [Yisrael V'oraita]*, Hasidic melody; arr. Richard Proulx (b. 1937). Arrangement Copyright © 1985, G.I.A. Publications, Inc.

OPENING ACCLAMATIONS Stand

PresiderBlessed be God: Creator, Redeemer and Spirit.PeopleAnd blessed be God's kingdom, now and forever. Amen.

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may truly love you, and worthily praise your holy name; through our Savior Jesus Christ.
 People Amen.

GLORIA At 8:00am, read together.

Glory to God in the highest, and peace to His people on earth. Lord God, heavenly King, Almighty God and Creator, we worship You, we give You thanks, we praise You for Your glory. Lord Jesus Christ, only Child of the Father, Lord God, Lamb of God, You take away the sin of the world: have mercy on us; You are seated at the right hand of the Father: receive our prayer. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of the Father. Amen.





THE COLLECT OF THE DAY

Presider	The Lord be with you.
People	And also with you.
Presider	Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.
People	Amen.

WE HEAR THE SACRED STORIES Seated

THE FIRST LESSON

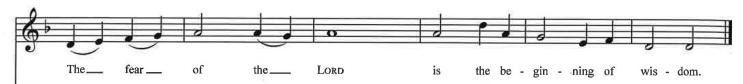
Reader A reading from the first Book of Deuteronomy.

18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

The Word of the Lord.PeopleThanks be to God.

THE PSALM OF THE DAY At 8am, spoken. **111**



1 Hallelujah!

I will give thanks to the Lord with my whole heart, in the assembly of the upright, in the congregation.

- Great are the deeds of the Lord!
 they are studied by all who delight in them. ANTIPHON
- 3 His work is full of majesty and splendor, and his righteousness endures for ever.
- He makes his marvelous works to be remembered;
 the Lord is gracious and full of compassion. ANTIPHON
- 5 He gives food to those who fear him; he is ever mindful of his covenant.
- 6 He has shown his people the power of his works in giving them the lands of the nations. **ANTIPHON**
- 7 The works of his hands are faithfulness and justice; all his commandments are sure.
- 8 They stand fast for ever and ever, because they are done in truth and equity. **ANTIPHON**
- 9 He sent redemption to his people;
 he commanded his covenant for ever;
 holy and awesome is his Name.
- 10 The fear of the Lord is the beginning of wisdom; those who act accordingly have a good understanding; his praise endures for ever. **ANTIPHON**

THE SECOND LESSON

ReaderA reading from the first letter to the Corinthians.8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

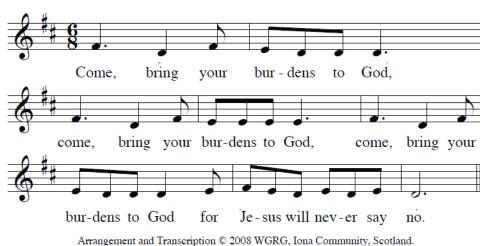
Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called

gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord.





GIA Publications, Inc. exclusive North American agent. All Rights Reserved.

GOSPEL ANTIPHON Stand

Come Bring Your Burdens to God

Sung twice.

THE GOSPEL

Presider The Holy Gospel of our Lord Jesus Christ according to Mark. 1:21-28

People Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth?

Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

People **Praise to you, Lord Christ**.

GOSPEL ANTIPHON

COME BRING YOUR BURDENS TO GOD

Sung once. See previous page for music and lyrics.

Sermon

THE REV. LAURIE ANZILOTTI

After the sermon, silence is kept for a time.

THE NICENE CREED Stand

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary and was made human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Presider Merciful God, you know our every need before we ask. In your loving presence, we lift our prayers to you saying; "Lord, in your mercy; *hear our prayer*."

After each prayer, all say, "Hear our prayer."

- Presider Holy One, we bring our prayers to you, confident that you hear them; sure that you know even those prayers for which we do not yet have words. And all of these come to you through your Child, Jesus Christ, and the living Spirit that blows among us.
- People Amen.

THE CONFESSION AND ABSOLUTION

Presider The grace of God has dawned upon the world through our Saviour Jesus Christ, who sacrificed himself for us to purify a people as his own. Let us confess our sins.

Silence is kept for a time.

People	Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.
Presider	Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life.
People	Amen.

Тне Реасе

Presider The peace of the Lord be always with you.

People And also with you.

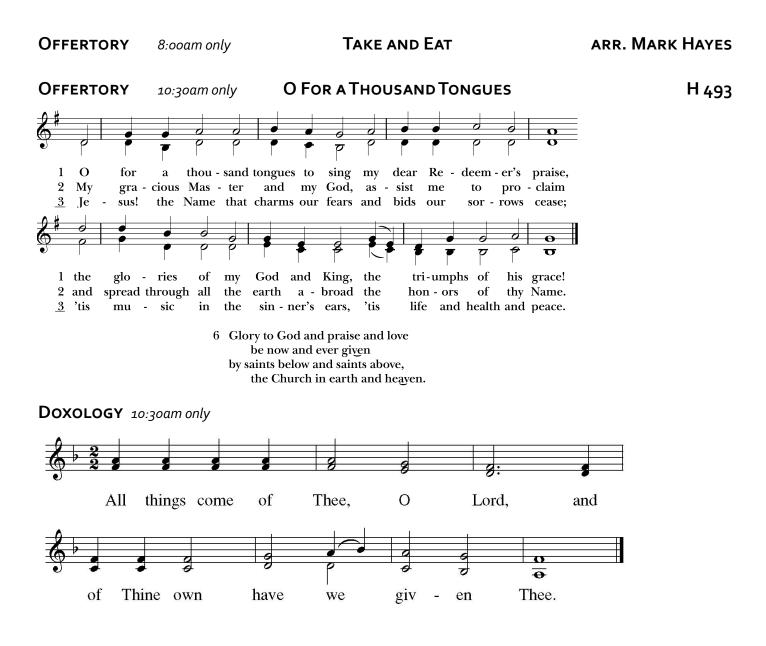
Presider Let us share with one another a sign of Christ's peace.

We invite you to extend the peace of God to those in the congregation.

ANNOUNCEMENTS Seated

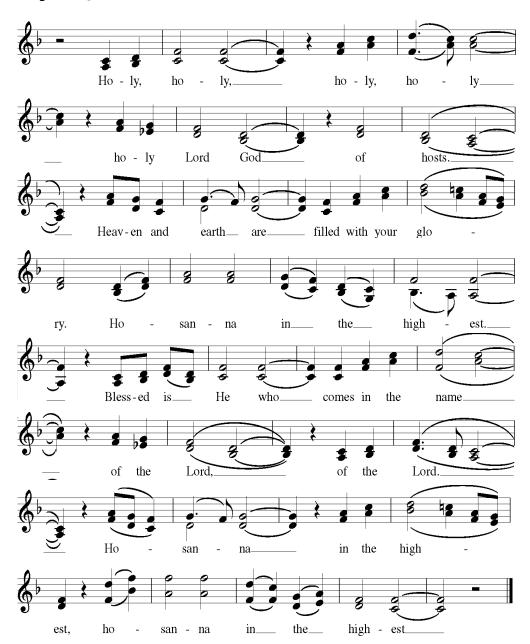
GATHERING AT CHRIST'S TABLE

We return with thanksgiving the gifts God has given us. This includes bread and wine of the earth and financial offerings from our labor.



The Presider takes the bread and wine. All stand.		
Presider	The Lord be with you.	
People	And also with you.	
Presider	Lift up your hearts.	
People	We lift them to the Lord.	
Presider	Let us give thanks to the Lord our God.	
People	It is right to give our thanks and praise.	
	It is right, and a good and joyful thing, always and everywhere to give thanks to you, God	
	Almighty, Creator of heaven and earth.	
	Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our	
	Lord.	
	Therefore we praise you, joining our voices with Angels and Archangels and with all the	
	company of heaven, who for ever sing this hymn to proclaim the glory of your Name:	
Say at 8am:		
	Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.	
	Hosanna in the highest.	
	Blessed is the one who comes in the name of the Lord.	
	Hosanna in the highest.	

Sing at 10:30am:



Presider

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

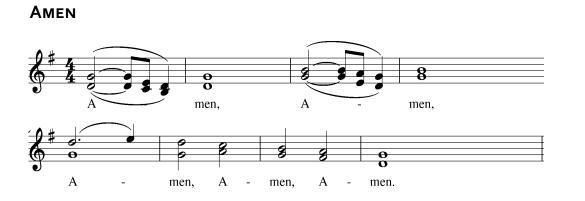
Presider and People

Christ has died. Christ is risen. Christ will come again.

Presider We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

> Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.



LEVAS 233

The Lord's Prayer

Presider And now, as our Savior Christ has taught us, we are bold to say,

People Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Presider breaks the consecrated Bread. A period of silence is kept.

Presider We break the bread of life, and that life is the light of the world.

People God here among us, light in the midst of us, bring us to light and life.

FRACTION ANTHEM At 8am, spoken. At 10:30am, sung.



LEVAS 269

Presider God's holy gifts for God's holy people.

Our bread is gluten-, dairy- and nut-free. This Eucharistic table does not belong to the Episcopal Church or to St. Francis'. This is God's table, and all are welcome. In the Episcopal Church, we receive both the bread and wine, the Body and Blood of Jesus. If you choose not to receive communion, please come forward and cross your arms over your heart to receive a blessing.

COMMUNION 10:30 only TAKE AND EAT Refrain Take and eat; take and eat: this is my bod - y giv-en up for you. Take and drink; take and drink: this is my blood giv - en up for you. Verses Word that spoke and 1. I light was made; am the 2. I the way that leads the ex - ile home; am 3. Ι the Lamb that takes a am way your sin; 4. I the cor - ner - stone that God has laid; am 5. I light that came in - to the world; the am 6. I the first and last, the am Liv - ing One; am the seed that died be re - born; Ι to Ι am the truth that sets the cap - tive free; I am the gate that guards you night and day; pre - cious A cho-sen stone and in his eves; dark - ness Ι am the light that hide: can - not T am the Lord who died that you might live; ļ the bread that comes from heav'n a - bove; I am am the life that rais - es dead; I up the You are my flock: you know the shep-herd's voice; you God's dwell - ing place, You are on rest; me Ι morn - ing that nev - er am the star sets; I am the bride-groom, this my wed - ding song; D.C. ... 20 that fills your cup Ι am the vine with joy. true peace my gift Ι am your peace, to you. You <u>a</u>re my own: your ran-som is my blood. Like liv - ing stones, tem - ple for God's praise. a Lift face, you my light will shine. up your in the mar-riage feast. You are my bride, come to

Post-Communion Prayer Stand

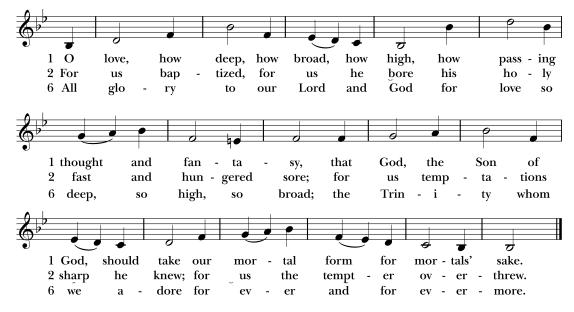
Presider	Let us pray.
All	Eternal God, giver of love and power,
	your Son Jesus Christ has sent us into all the world
	to preach the gospel of his kingdom:
	confirm us in this mission,
	and help us to live the good news we proclaim;
	through Jesus Christ our Lord.
	Amen.

Blessing

Presider	The Lord Jesus Christ,
	Son of the living God,
	teach you to walk in his way more trustfully,
	to accept his truth more faithfully,
	and to share his life more lovingly;
	that by the power of the Holy Spirit
	you may come as one family to the kingdom of the Father.
	And the blessing
People	Amen.

SENDING HYMN O LOVE HOW DEEP, HOW BROAD, HOW HIGH

At 8:00am, verses 1 and 6 only. At 10:30am, all printed verses.



DISMISSAL

Presider The Lord says, 'Go into all the world and make disciples of all the nations.' Go in peace to love and serve the Lord.

People In the name of Christ. Amen.

POSTLUDE 10:30am only